

Women's History Month

Calendar **March 2025**

In a world that is not always fair or just, we are inspired by women who dare to boldly challenge inequality and pave the way for a more peaceful world. This Women's History Month, follow our calendar of activities, designed to inspire, empower and foster hope – because together, we can build a brighter future for women's rights.

Zoom in on the actions for each day of the month, click on the link and start using your power today!

MONDAY

3 **Wear your solidarity**
Show everyone you stand with women survivors of war by [ordering a limited-edition Women's History Month pin badge](#).

TUESDAY

4 **Shop with purpose**
Find out how our generous [corporate partners](#) are supporting women survivors of war this International Women's Day.

WEDNESDAY

5 **Learn how to foster hope**
Hear from two of our colleagues working in Nigeria about how they are [restoring hope for the future, one woman at a time](#).

THURSDAY

6 **Learn about the Change Agents**
Our [Change Agents](#) are harnessing their power and advocating for women's rights within their communities.

FRIDAY

7 **Be inspired by Zainab Salbi**
Women for Women International began with one inspiring woman, [Zainab Salbi](#). Today we have served over half a million women and girls in 17 countries affected by war and conflict.

SATURDAY

1 **What is Women's History Month?**
Begin your Women's History Month by [learning](#) about the origins of this important celebration which began in 1978.

SUNDAY

2 **Check out our reading list**
Add [these books](#) to your list this Women's History Month. Get a book via our [bookshop.org](#) storefront and you'll give back to women survivors of war!

10 **Commit to inclusive language**
Challenge yourself to use language that empowers and includes all women, whether in everyday conversation, at work or on social media.

11 **Quotes from inspiring women**
Save [these powerful quotes](#) to ignite inspiration whenever you're in need of a burst of motivation.

12 **Activism quiz**
Take [our quiz](#) to discover your activism style. It takes less than 5 minutes and at the end, you will be given tips that will help you use your strengths to make an even greater impact!

13 **Challenge yourself**
Whether you run 5k or sky dive, every challenge counts. [Check out our webpage to sign up today!](#)

14 **Crises that need our attention**
Read [our watchlist](#) for eight humanitarian crises that need our attention, specifically for women and girls affected.

15 **Virtual museum exhibitions**
[Explore and learn](#) at the Women's History Museum without leaving the comfort of your home.

16 **Watch films by women filmmakers**
Embark on a cinematic journey and watch [films exclusively crafted by women](#). Get the popcorn ready!

17 **Volunteer or match employee donations**
Volunteer your time or check if your employer can match donations made to a charity of your choice.

18 **Practice gratitude**
Make a list of the incredible women who bring joy and inspiration to your life. If you can, let them know about the impact they've had.

19 **Stand With Her**
Learn more about our [Stand With Her programme](#) where you'll be matched with a woman affected by conflict, supporting her as she rebuilds her life.

20 **Advocate for gender equality at work**
This [online guide](#) will give you plenty of ideas for how you can celebrate Women's History Month in your workplace.

21 **Follow diverse women creators on social media**
Find creators who are making a difference and amplify their voices.

22 **Hear from women survivors of war**
Read [powerful stories](#) of inspiring women who are defying the odds and transforming their lives.

23 **Listen to our playlist**
Sometimes you need to be reminded of your power, and nothing does the trick quite like a [feminist playlist](#).

24 **Mentor another woman**
Put sisterhood into action by finding a mentoring programme for women and sharing your knowledge and experience.

25 **Get #SheInspiresMe Car Boot Sale tickets**
[Fill your wardrobe](#) with past season, pre-loved luxury fashion at exceptional prices – all while supporting women survivors of war.

26 **Celebrate women in history**
[This blog](#) features lesser-known women's rights leaders who stood up to injustice and paved the way for other activists.

27 **Read the From Asking to Action report**
[We spoke to over 6,500 women living in conflict zones](#) about their experiences and the change they want to see for a more peaceful world.

28 **Write a letter to your younger self**
Let your younger self know how much you've grown and be proud of all the challenges you've overcome.

29 **Take your activism global**
Learn about a feminist movement from another country and share what you've learnt with your friends and family.

30 **Mother's Day**
80% of the women we serve are mothers. They bear unimaginable burdens during times of war and conflict. Read the powerful story of [Christine](#), a mother and survivor from Rwanda.

31 **Follow us on social media**
To stay up to date with our work supporting women survivors of war, make sure to follow us online at [@womenforwomenuk](#).



#SheDares

@WomenforWomenUK

