

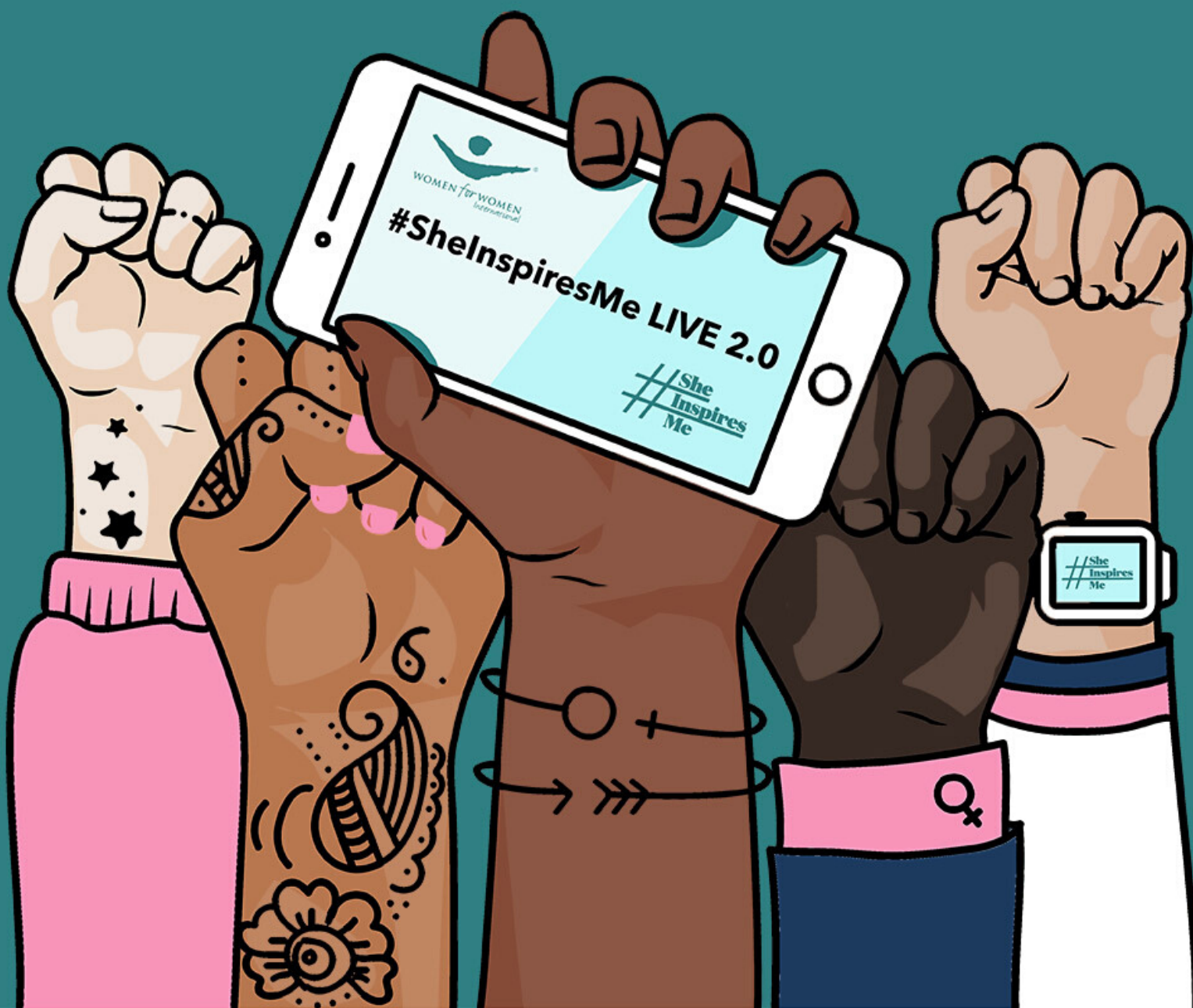
#SheInspiresMe LIVE

Online Festival

Programme

SATURDAY 20TH JUNE 2020

10:00am - 5:30pm BST



Morning

10:00 - 10:10am

Welcome to #SheInspiresMe LIVE 2.0

Brita Fernandez Schmidt & Shivonne Graham

10:10 - 10:40am

Taking your first steps into activism

Zainab Salbi and Annie Lennox

10:40 - 11:20am

Is COVID-19 a step back for gender equality or a catalyst for progress?

Buki Onyishi, Dr Pragya Agarwal, Hannah Bond

11:20 - 11:25am

My Women for Women International Story

Sophie Turner

Room 1

Room 2

11:25 - 11:50am

Sound bath

Jasmine Hemsley

Virtual Networking

11:50 - 12:00pm

COFFEE BREAK

12:00 - 12:35pm

The importance of women's economic empowerment

Laurie Adams and Shan Sherwan Hussein

How to turn your passion into a value-driven career

Basma Khalifa, Lisa Smosarski, Scarlett V Clark

12:35 - 12:40pm

Top tips: Turning your passion into a career

Basma Khalifa

Room 1

Room 2

12:40 - 1:10pm

Building your personal safety toolkit

Ali Baskerville from ROAAAR

Women's leadership in our post-pandemic world

Tara Mohr and Shivonne Graham

1:10 - 1:40pm

LUNCH

Join the conversation on social media using #SheInspiresMeLIVE and tag @WomenforWomenUK

Afternoon

1:40 - 1:55pm

My Women for Women International Story

Audry Shematsi

1:55 - 2:00pm

Top tips: How to become an activist

Amika George

Room 1

Room 2

2:00 - 2:40pm

Stand up, speak out, take action

Amika George, Martha Awojobi, Soraya Chemaly

Introduction to activism - 5 steps to becoming a Change Agent

Steph Siddall, Preeya Varsani, Zainab Gbobaniyi

2:40 - 3:20pm

Stepping out of your comfort zone to embrace uncertainty

Yomi Adegoke, Tahmina Begum, Christina Lamb

Building a virtual community

Sara Tasker and Sarah Powell

3:20 - 3:30pm

Top tips: Starting your own business

Alice Rivers-Cripps

3:30 - 3:35pm

My Women for Women International Story

Tara Mohr

3:35 - 3:45pm

COFFEE BREAK

Room 1

Room 2

3:45 - 4:30pm

Learning to trust yourself

Michelle Elman and Brita Fernandez Schmidt

Building mental health resilience during a global crisis

Jayne Hardy and Shivonne Graham

Join the conversation on social media using #SheInspiresMeLIVE and tag @WomenforWomenUK

Afternoon

- 4:30 - 4:35pm** **Top tips: Turning ideas into action**
Scarlett V Clark
- 4:35 - 4:40pm** **My Women for Women International Story**
Jude Wanga
- 4:40- 5:00pm** **Wrap up**
Brita Fernandez Schmidt and Shivonne Graham
- 5:00 - 5:30pm** **Virtual Networking**

About Women for Women International

When there is an outbreak of war or violence, women suffer most – they experience trauma, sexual violence and the death of loved ones. After the conflict is over, the world’s attention moves on, but these same women are left to rebuild their families and communities.

Women for Women International supports women who live in some of the world’s most dangerous places. Women enrol on the charity’s year-long training programme, where they learn how to earn and save money, improve their family’s health and make their voices heard at home and in their community.

Since 1993, the charity has helped more than 500,000 women survivors of war in Afghanistan, Bosnia and Herzegovina, Democratic Republic of Congo, Kosovo, Iraq, Nigeria, Rwanda and South Sudan.

With over fifty brutal armed conflicts across the globe, there’s never been a greater need to support women survivors of war. With your help, women can graduate from the Women for Women International programme with the skills, knowledge and resources to become successful entrepreneurs. They will pass on their knowledge to their neighbours and children, creating a ripple effect.

Find out more at [womenforwomen.org.uk](https://www.womenforwomen.org.uk) or follow [@WomenforWomenUK](https://twitter.com/WomenforWomenUK) on social media.